



P7 Sports Transition Club

20th April 2026

Dear Parent/Carer

We are inviting all out cluster Primary School P7's to join our extra-curricular programme for 4 weeks ahead of their move to the **High School** after the summer.

We have a very extensive extra-curricular programme at the High School with 12 different activities. Now that our senior pupils will be heading off on study leave, we are able to open some of them up to our P7's. We have some **team sports** (Football, Volleyball, Rugby, Basketball and Cricket), **individual sports** (Badminton, Judo, Karate and Swimming) and our **creative and performance activity** in Dance.

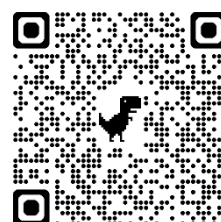
This is a great opportunity to meet new friends, get accustomed to some of the High School facilities as well as meet some of our PE Teachers. Miss Lovell takes the swimming, Mr Clubb runs the Badminton, Mr Hare is involved in the Rugby, Miss Niven and Miss Dunn deliver the Netball sessions, Miss Reid will lead the Dance and Miss McLean take the cricket. Our other sessions are delivered by our community partners (City of Edinburgh Basketball, Gold & Gray, Sportif Judo and Chris Ewing Karate. Last year we had over 150 P7's take part in the programme.

Please see overleaf for details of the 4-week programme on offer. Pupils can sign up to as many clubs as they like with absolutely **no cost!** Please see the clubs listed overleaf and book by visiting <https://getedinburghactive.spydus.co.uk/> and typing in code **POR-100i** or scanning the **QR code below**.

Many thanks

P. Dearlove

Paddy Dearlove
Active Schools Co-ordinator



Transition Clubs Available

Activity	Day	Time	Dates	Deliverer
Netball	Monday	3.45 – 4.45	11, 25 May 1, 8 June	Miss Niven & Miss Dunn
Judo	Monday	3.30 – 4.15	11, 25 May 1, 8 June	Sportif Judo
Swimming	Tuesday	3.45 – 4.45	12, 19, 26 May 9 June	Miss Lovell
Volleyball	Tuesday	3.45 – 4.45	12, 19, 26 May 2 June	Miss Niven
Dance	Wednesday	3.45 – 4.45	13, 20, 27 May 10 June	Miss Reid
Football	Wednesday	3.45 – 4.45	13, 20, 27 May 10 June	Gold & Gray
Football	Wednesday	3.45 – 4.45	13, 20, 27 May 10 June	Gold & Gray
Karate	Thursday	3.45 – 4.30	14, 21, 28 May 4 June	Neve Ewing (Chris Ewing Karate)
Badminton	Thursday	3.45 – 4.45	14, 21, 28 May 4 June	Mr Clubb
Basketball (Boys)	Friday	1.00 – 2.00	15, 22, 29 May 5 June	City of Edinburgh Basketball Club
Basketball (Girls)	Friday	2.00 – 3.00	15, 22, 29 May 5 June	City of Edinburgh Basketball Club
Rugby	Friday	2.00 – 3.30	1, 8, 15 May	Portobello Youth Rugby Academy/ Mr Hare
Cricket	Friday	2.00 – 3.00	22, 29 May 5 June	Miss McLean