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## Weekly Update 4<sup>th</sup> March 2022

### SQA

A reminder that next week SQA is publishing revision support for every course which has an exam. This will be published on the SQA website.



For some courses, SQA will share information on which content or topics will or won't be assessed in the exam. For other courses SQA will provide study guides that will give hints and tips on how to prepare for the exam. For a small number of courses, SQA will allow you to take study notes into the exam. A table showing the type of revision support that will be provided for each course is available on the SQA website at the link below.

[View the table on the SQA website.](#)

### Hands-On Science!



Thanks to Flora and Grace in S6: who showed off their Biology expertise with a heart & lungs dissection for Mrs Malley's S1 science class. Great job!

## PE Update

**FOOTBALL** - Congratulations to **Lily Graham S5** who has been selected for Scotland U17 Women's team who will compete in the Women's U17 UEFA Phase 2 - Group 3 competition. Lily will travel to Tirana, Albania next week. Good luck!! ⚽



**SQUASH** - Abercorn Squash club are introducing a new junior beginners' class which is aimed at 7-13 yr olds who are new to squash. The class will start on **Monday 14th March** for 6 weeks from 5pm-6pm. Cost is £30 for members and £36 for non-members. The club will use mini squash equipment in these sessions to develop children's hand/eye co-ordination and move on to racketball to develop basic squash skills in a fun and enjoyable environment. Financial assistance is available from the school for any family who requires it in order to make this opportunity accessible to all our young people – please contact the school office to arrange.

To book and pay for the coaching block - website. <https://clubspark.lta.org.uk/AbercornSportsClub/>

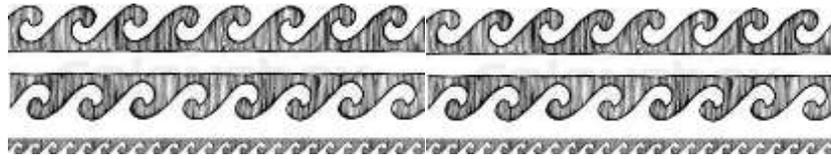
## Gymnastics Achievement

Congratulations to Holly Girvan, S1A01, who was competing at the Scottish Gymnastics Championships in Perth last weekend. Holly competed brilliantly, winning Gold in the Espoir (U14) Vault and finishing 8th in the all-around. Well done Holly!





## Porty School Show Update



At last we have been able to assemble our cast in the same place at the same time! A group of S1 pupils began to learn our opening number first, so that they could then help to teach the rest of the cast. This was great fun and it was so good to see all the year groups, S1-S6, working together. The band have also been rehearsing!



## Tie It Up Theatre

Next Tuesday 'Tie it Up Theatre' are coming to Portobello High School to perform 'I love you mum... I promise I won't die' and run a practical workshop. The theatre group will be working with the S3's and S4's who are currently studying drama. This is a fantastic opportunity for our pupils as we have not had live theatre since before the pandemic and we can't wait to share this experience with them!

## World Book Day

Happy World Book Day from the Portobello High School Library! Young people should all have been given a £1 book token in their KAG but if not, they can collect one from Ms Deans in the school library. These can be used in participating bookshops and some supermarkets as £1 towards the price of any book, or they can be exchanged for any of the specially produced £1 World Book Day Books. We also have a small selection of £1 books here in the library to take home. Reading for pleasure is the single biggest indicator of a child's future success, so I would encourage everyone to exchange their token for a book they might enjoy!

## FTT Update

**Reminder: Can all students taking FTT bring containers their food away.**

On the menu next week:

S1: Nasi Goreng (Indonesian Rice Dish)

S2: Zabzi Dal (Indian Vegetarian Dish)

S3: Fish Cakes

S4: Assessment Recipes that you have chosen

Nat 5 Practical Cookery: Chocolate Orange Cheesecake

Nat 5 Bake and Cake: Chocolate Eclairs



## HFT N5 and H Supported Study Thursday Lunchtimes 12.45 G02 – Mrs. Sladen

- Dates and topics
- 24th Feb - Command words - Evaluations
- 3rd March – Command words - Explain
- 10th March -Nutrition
- 17th March – DRV'S
- 25th March –Food Product Development stages
- 31st March – CFI – Organics, Fairtrade
- 7th April – Functions of ingredients



## FTT N5/H Supported Study Wednesday lunchtime 12.45 G08 – Mrs. Bradley



- Dates and topics
- 23rd February – properties of textiles
- 2nd March – evaluate and analyse questions on properties
- 9th March – pattern markings/ care labels and explain questions
- 16th March – principles of design and factors to consider in manufacture
- 23rd March – Higher question 1 design practice
- 30th March – mass manufacturing and bespoke
- 6th April – Construction technique



S2 are studying International Foods and this week is the turn of France. Croque Monsieur was enjoyed by all with some lovely Monin Orange Drink with sparkling water.

Pastry Week in Bakery decorating Chicken Pies.



A brilliant after school pop up to celebrate Purple Friday with proceeds going to support the Equalities Group. A lot of fun was had celebrating Pancake day with Sweetcorn Pancakes, Drop Scones and Toffee, Orange Crepes

