

WINTER

What's on For Families in North East Edinburgh

**Free or Low-Cost Activities and Support
available during the Holidays 2019/ 2020**



Discover! Winter

Portobello High School, 1 Milton Road, EH15 3BY

Monday 6th and Tuesday 7th January 2020, 10am-2.30pm

Free provision for primary age children and their parents and carers to help ease financial pressure and keep children engaged in the holidays.

Families can take part in a range of activities which include storytelling, music activities, sports, games and other fun visiting workshops and outings. Breakfast and lunch provided and transport available. Access to support and advice services will also be available. Families should register their interest with their school or support worker to check if they would be eligible.

Professionals wishing to make a recommendation for a local family should contact

discover@edinburgh.gov.uk or molly.page@edinburgh.gov.uk

Craigmillar Library

Craigmillar Books for Babies Baby and toddler Rhymetimes on Tuesday 10th December 11am-12pm. There will be no Baby and toddler Rhymetimes on Tuesday 24th December or Tue 31st December, Rhymetimes will restart on Tue 7th January 11am-12pm.

Books for Babies Christmas Party Tuesday 17th December, 11am-12pm. Songs, rhymes and a visit from Santa. For parents and children under 4 years. Gift book for each child.

Polish Bookbug Wed 29th January and 26th February at 10am

Saturday Sotrytimes Sat 25th January Burns Supper Fun, 11am-12pm., Sat 29th Feb Winter Warmers 11am-12pm. For more information contact 0131 621 2621 email info@craigmillarbooksforbabies.org.uk or visit the Facebook page.

Piershill Library

Last Bookbug of 2019 will run on Wed 18th Dec 2-2.30pm and will restart on Wed 8th Jan 2020

Last Storytime with Kenny and the Magic Rug will run on Friday 20th Dec at 10.30am and will restart on the 10th of January at 10.30am

Last Friday of the year children's craft session will run on Friday 27th December at 3pm (for children aged 5 to 10 years old). For more information call Piershill Library on 0131 529 5685

Library Opening Hours over the Festive Period

Tuesday 24th December – all libraries close at 5pm and re open Friday 28th December.

Tuesday 31st December – all libraries closed at 5pm and reopen on Friday 3rd January 2020

For more information on activities running over the holidays call Portobello Library on 0131 529 5558, McDonald Road Library on 0131 529 5636, Leith Library on 0131 529 5517, Piershill Library on 0131 529 5685, Craigmillar Library on 0131 529 5597

Play Talk, Read Bus

Asda Edinburgh Supercentre, 100 The Jewel, Brunstane, Edinburgh EH15 3AR

Monday 13th January 2020 10am-1pm, 2-4pm. Free Activities for 0-3year olds

Jack Kane Community Centre Youth Groups 280 Niddrie Mains Road, EH16 4ND

Festive Celebrations for P4-7 Fri 20th, Fri 27th Dec and Fri 3rd Jan 1-3pm. Free, snack provided.

Festive Celebrations for S1plus Fri 20th, Fri 27th Dec and Fri 3rd Jan 6-8pm. Free, snack provided.

Oot 'n' Aboot youth workers will be carrying out streetwork on Fri 20th Dec 1-4pm, Mon 23rd Dec 2-5pm, Mon 30th Dec 2-5pm.

Parents/carers will need to complete a consent form for children attending activities at the centre. For more information contact the Jack Kane Centre on 0131 657 1595

Christmas Basketball Camp

City of Edinburgh Basketball Club, Portobello High School

Friday 3rd to Saturday 4th Jan 2020, Primary 10-11.30am, U14s, u16s and U18s 11.30am-1pm

Open to all abilities. Register for one or two days, £5 per session (reductions available for families on low income) Register at www.cityofedinburghbasketball.net/camp/ For more information please contact Katie McPherson Email: cityofedinburgh@gmail.com

Christmas Wreath Making Workshop- Craigmillar Community Grows

Craigmillar Library, 17th of December 3-5pm. BOOKING essential as limited spaces, phone Karin on 07824838364

Niddrie Community Church Christmas Family Fun Day 12 Hay Drive, EH16 4RY

Saturday 14th December, 1pm. £1 entry, £2 for pony ride.

Leith Community Cinema

Nativity Rocks, Sunday 15th December 1pm

Pilrig St. Paul's Church, 1B Pilrig Street, EH6 5AH

Suggested donation £3 for adults and £2 for children, to book visit <https://www.eventbrite.co.uk/e/nativity-rocks-tickets-76301488807>

St Brides Family Cinema

10 Orwell Terrace, EH11 2DZ

Fri 13th Dec The Grinch FREE, children must be accompanied by an adult. 12pm Cinema snacks, 12.15pm

Christmas Crafts, 12.45pm Film. Telephone: 0131 346 1405 E-mail: cld-stbrides@ea.edin.sch.uk

Smart Play Network – Ranger services

Free weekly fun outdoor drop in play sessions mostly suited to primary aged children.

Every Friday- Brunstane school grounds from 12.15- 2.15pm. Bingham Park from 3.00 til 5.00pm. Last session this year Friday 20th December, sessions return on January 10th 2020.

Forest Families with Trees and Seas (for families in EH16 and EH17 postcode areas)

Meet at Bridgend Farm House, 41 Old Dalkeith Road

14th December 10am-12.30pm, 4 years plus, younger siblings welcome (adults free)

Activities include forest crafts and skills. Book by emailing treessoutdooradventures@gmail.com or visit their facebook page.

Forest Friday with Trees and Seas (for families in EH16 and EH17 postcode areas)

Meet at Bridgend Farm House, 41 Old Dalkeith Road

Friday 20th Dec, Friday from 17th, 24th and 31st January 1.30-4.30pm,

Children 5-11years, £5.98 per child, Concession for families on low income £3.83.

Activities include forest craft and skills such as den building, natural arts and crafts, swings and hammocks. Small snack provided. Warm waterproof clothing required. Limited spaces must be booked via

www.eventbrite.co.uk

For more information email treessoutdooradventures@gmail.com or visit their facebook page.

Big Ears, Little Ears

WHALE Arts, 30 Westburn Grove, EH14 2SA, Saturday 14th December 2019 10.30-11.15am, 11.45am-12.30pm. For 0-3year olds and their parents. Free.

Join the Scottish Chamber Orchestra Wind Trio for a festive live music experience with your little one. A chance to relax and enjoy wonderful performances up-close in a relaxed, child-friendly atmosphere. Book at <https://www.eventbrite.co.uk/e/big-ears-little-ears-tickets-83589982889>

Call 0131 4583267 for more information

Activities at the Scottish National Gallery of Modern Art

75 Belford Road, EH4 3DR

Walk Talk Make Winter FREE Sat 21st Dec 11am-12pm, 2-5years. Indoor sculpture-hunting, story-sharing, art and music-making for under 5s.

Family Art Tour Ages 6+, Modern One

Sat 28th December, Sat 25th January. Tour available at 11-11.45am. Younger siblings welcome.

Short, interactive, creative tours. The perfect introduction to art for your whole family. BSL interpreted.

Activities at The National Museum Chambers Street, EH11JF

The National Museum of Scotland is free and full of fun for kids of all ages- light up the room on the energy wheel, bring a Chinese dragon to life, unearth a fossil in a dinosaur dig and more!

Open Daily: 10.00-17.00, Christmas Day: Closed, Boxing Day/New Year's Day: 12.00-17.00

Magic Carpet for 2-4year olds Meet at the Lighthouse Lens in the Grand Gallery Level 1

20th Dec2019, Sessions 10.30am and 11.30am book online at National Museum of Scotland

Magic Carpet Mini Session for 0-2year olds Meet at the Lighthouse Lens, Grand Gallery Level 1

13th December 2019, Sessions 10.30am and 11.30am book online National Museum of Scotland

Friday Afternoon Fun

Friday 13th and 20th December 1.30-4pm Free. Drop in activities, games or science demos.

Christmas Art Competition Grand Gallery Level 1 Free10.30am-4.30pm 27th -29th December- basic materials and encouragement provided.

Hogmanay Family Fun Tuesday 31st December 10.30-4.00pm

Step Wee Ceilidh Tuesday 31st December, spaces available at 11.45-12.30 and 13.45-14.30

£3.00 per child accompanying adults free, Bookings open 13th December online at National Museum

Activities at The National Portrait Gallery, 1 Queen Street, EH21JD Closed 24-26th Dec.

Wee Treasures FREE Ages 2-5, Sat 4th January, 10.30 & 11.30am

Multisensory storytelling in the gallery, inspired by a different painting each month.

BYOB: Bring Your Own Baby/ Bump Ages 0-1 FREE Mon 6th Jan. Tours: 10.15, 11am & 11.15am

Monthly informal chats in the gallery for grown-ups with their wee-est ones

Open Studio Make and Impression FREE Tue 7th January 10.30am-11.15am, 11.30-12.15pm Age 1-3years

Messy, open art making mornings.

Postcard Portraits FREE Ages 6+, younger siblings welcome too. Sun 12th January, 2-4pm

Pick your postcards, find the portraits and create your own personal masterpieces.

Children with Additional Support Needs

ASL Early Years Coffee Morning

The Yard, 22 Eyre Place Lane, EH3 5EH. Thursday 12th December 10am-12pm.

Open to any parents who have a child with additional support needs aged 0-5.

Come on your own or with your child or any siblings.

A great opportunity to meet other parents and visit The Yard. Staff members from will share information

Tailor Ed and The Yard Early Years Services and other wider support services.

For more information contact Pete pete@tailoredfoundation.co.uk 07790415084

Or Eva eva@tailoredfoundation.co.uk 07851472191

The Drop In

Northfield and Willowbrae Community Centre, 10 Northfield Road

Saturdays 2-4pm, last session this term 21st Dec, reopens Sat 11th Jan 2020.

A Free fun packed drop in activity session for children with a disability aged 0-18yrs their parents and siblings. Parents can meet other parents and hear from guest speakers, while their children take part in activities run by experienced youth and children's workers. Tel: 0131 661 5723

Disability in Action

Jack Kane Community Centre, 208 Niddrie Mains Road

Free activity sessions for children with additional support needs aged 0-14yrs and their parents/carers and siblings. Family Play and Crafts- Saturday 21st Dec, Sat 28th Dec, Sat 4th Jan, 10.00am-12.00pm, then fun packed activity sessions each Saturday.

Tel: 0131 657 1595 for more information or if attending the first time.

Cinemas

Autism friendly cinema sessions are run by Odeon, Vue, Cineworld and Showcase, these often run monthly on a Sunday morning offering a sensory friendly and inclusive environment. Carers go free with a CEA card

www.ceacard.co.uk/

Odeon Fort Kinnaird/ Edinburgh West- Abominable Sunday 22nd December at 10:15am.

Vue Ocean Terminal, Omni Centre- Bing's Christmas on Sunday 29th December at 10:15am.

Cineworld -Star Wars: The Rise of Skywalker on Sunday 5th January at 11am.

Please confirm details at www.dimensions-uk.org/get-involved/campaigns/autism-friendly-cinema-screenings/

The Salvesen Mindroom Centre

One-to-one support for families by phone or email, offering practical advice and support to parents and carers of children with learning difficulties. Tel: General enquiries: 0131 370 6731 Direct Help and Support: 0131 370 6730 directhelp@mindroom.org www.mindroom.org **Closed 24th Dec until the 3rd January.**

The Yard, 22 Eyre Place Lane, EH3 5EH

The Yard offers disabled children/young people, and their siblings, the chance to experience creative, adventurous indoor and outdoor play in a well-supported environment.

New members are welcome at any family session for their first free taster visit with no booking necessary. Any child with a disability can become a member.

CLOSED Sun 22nd – Thu 26th Dec and Tue 31st Dec – Wed 1st January

Christmas Holiday Family Time sessions will run on-

Fri 20th Dec 1-4pm, Sat 21st 12-5pm, 27th Fri Dec 1-4pm, Sat 28th Dec 12-4pm, Mon 30th Dec 10am-3pm, Thu 2nd Jan 10-3.30pm, Fri 3rd Jan 10am-4pm, Sat 4th Jan 12-4pm, Mon 6th Jan 10am-2.45pm Tue 7th Jan 10am-4pm, Wed 8th Jan 10am-3.30pm

Quiet Sessions Sat 21st Dec 10am-12pm, Sat 28th 10am-12pm, Sat 4th Jan 10am-12pm,

Sunday Funday Sessions are open to the public for all families including non-members at £6 per child for a 2hour session.

Christmas Holiday Fundays will run 10-4pm on Sunday 29th Dec and Sunday 5th Jan 2020.

For more info see <https://www.theyardscotland.org.uk/blog/christmas-opening-times-2019-20>

Activities at The National Portrait Gallery, 1 Queen Street, EH21JD

Autism friendly early opening All Ages FREE

Saturday 14th December, Sunday 26th January 9-10am

Free, supported, early opening sessions for children up to 12 years who have autism and their families.

Families can enjoy a quiet space to settle in and return to, explore sensory creative activities and visit exhibitions with experienced, welcoming guides. Pre-visit information, including sensory stories, photos and what to expect are available. Numbers very limited, booking essential.

To book please contact 0131 624 6428 or email AMurray@nationalgalleries.org

Tailor Ed Mum's Christmas Night Out

For all mums raising a child with autism. Christmas meal courtesy of the tiger at Basil on Friday the 13th December at 7pm. Please contact Eva or Martha if you'd like to come along.

eva@tailoredfoundation.co.uk, martha@tailoredfoundation.co.uk

Tailor Ed Autism Friendly Play Session £2 per child (adults enter for free)

Wednesday December 18th from 4pm-6pm. Open to all children with ASN. Time Twisters Unit 5, Catalyst Park, 2B Bankhead Drive, Edinburgh EH11 4EJ. Support with transport may be available.

Siblings and friends are welcome to attend. Tailor Ed staff will be present.

Community Food

Hope Community Cafe Free Festive Meals, 135 Mountcastle Drive South, EH15 3LR

Fri December 13th Wee Hope baby and Toddler Christmas Party 9.30-11am Cost 50p

Sun 15th December Carols by Candlelight 5.30pm

Wed 18th Dec 'Goldilocks and the 3 Gifts' Nativity. Doors open at 5.30pm, hot dogs provided.

Thu 19th December Hope Kidz Christmas Party 5.45pm Cost 50p

www.facebook.com/hopecommunitycafebingham

Niddrie Community Church 12 Hay Drive, EH16 4RY.

Sunday 22nd December, Lunch at 1.30pm followed by Carol Service at 3pm.

Christmas Day Service 11am followed by Christmas Lunch.

Tuesday 25th Decr- FREE- please book please at the café or contact Andy Constable on 07739711363

Free RISE Christmas and New Year Meals- Destiny Angels

Destiny Church, 12 Casselbank Street, Leith. Wed 18th December, 7-9pm and Wed 1st Jan, 7-9pm

An opportunity to celebrate the Christmas season, meet new people, break down social isolation and build community. All welcome, under 16s should be accompanied by a responsible adult.

Please book at angels@destinyedinburgh.com by 10th December, give information on any dietary requirements or any relevant additional support needs.

Guru Nanak Free Kitchen

Kirkgate, Foot of Leith

Every Friday night, 5.30-6.30pm

Free fresh vegetarian curry for anyone in need of a hot meal.

South Leith Parish Church Halls Christmas Day Lunch, 6 Henderson Street, EH6 6BS. Tuesday 25th December–1pm FREE- for more information or to book please email info@edinburghne.foodbank.org.uk

Free Christmas Cheer Day Lunch Hibernian Football Club, Hibs Easter Road Stadium, Wednesday 25th December 12-3.00pm. All ages are invited for a lovely festive meal, good company and a visit from Santa! Support with transport may be available. No alcohol will be served or permitted at the event. For more information or to secure a place Email Gamechangerpsp@nhslothian.scot.nhs.uk Or call 0131 529 3235 or 07561704365. Please provide your name, a contact number or email address and if you are bringing children their ages.

Christmas at Big Hearts, Tynecastle Park Stadium

Wednesday 25th December 11am-2pm

Free festive meal, good food and company for those isolated or in need of support. For more information or to secure a place Call: 0131 200 7225 or email Christmas@bighearts.org.uk before the 16 of December.

Foodbanks

Foodbanks are able to provide emergency food for three days to anyone who finds themselves in crisis. Anyone needing help will need a valid foodbank voucher. To find out which agencies can issue vouchers contact The Foodbank on 0131 444 0030 or Social Care Direct on 0131 200 2324/Out of Hours 0800 731 6969. Vouchers can be taken to the nearest Foodbank Centre where volunteers give a warm welcome, can offer support and put together a nutritious food parcel. www.edinburghne.foodbank.org.uk/ and www.edinburghnw.foodbank.org.uk

Craigmillar Foodbank, Bristo Memorial Church, 196 Peffermill Road, EH16 4AJ

Opening times: Tue 11:00 - 14:00 Thu 11:00 - 14:00 Sat 12:30 - 14:30

Closed: Thursday 26th December and Thursday 2nd January 2020.

Broughton Foodbank, Broughton St Mary's Parish Church, Bellevue Crescent, EH3 6NE

Opening times: Mon 13:30 - 15:30 Thu 13:30 - 15:30

Closed: Thursday 26th December and Thursday 2nd January 2020.

South Leith Parish Church Halls, 6 Henderson Street, Leith EH6 6BS

Opening times: Monday 13:00-14.30 Fri 15:00-17:00

North Leith Parish Church Halls, 1b Madiera Street, Leith, EH6 4AW

Opening times: Tuesday 10:00-12:00 Friday 10:00-12:00

Closed: 24th and 31st December

Leith St Andrew's Church Hall, 410-412 Easter Road, Leith, EH6 8HT

Opening times: Tuesday 13:00-14.30 Thursday 10:00-11.30

Closed: 24th, 26th and 31st December and 2nd Jan 2020

Pilrig St Paul's Church Hall, 1a Pilrig Street, Leith, EH6 5AH

Opening times: Wednesday 16:30-18:00

Closed: 25th December and 1st Jan 2020

St Margaret's Parish Church Halls, 48 Restalrig Road South, EH7 6LE

Opening times: Wednesday 11:00-12.30

Closed: 25th December and 1st Jan 2020

Support and Information

Family and Household Support Christmas Holiday Drop ins/Phone Support

Support and advice from Housing and Family Support staff on benefits, budgeting and debt. Help with tenancies or housing bids. Email northeast.familyandhouseholdsupport@edinburgh.gov.uk
Drop in–North East Neighbourhood Office 101 Niddrie Mains Road Tuesdays and Thursdays 10am-12pm, closed 23rd Dec- 3rd Jan.

Drop in- Leith Library 26-30 Ferry Road Fridays 10am-12 closed 27th Dec and 3rd Jan.

Phone Support Available Tel: 0131 529 7168 on Mon 23rd, Tue 24th, Fri 27th- 31st Dec, Fri 3rd Jan 10am-12pm.

Maximise

Families who have a child who attends school in the Leith Academy cluster can receive free welfare and benefit advice or family support. Contact your school to make an appointment or call 0131 442 2100/ 0131 446 2300

The Junction

A safe, friendly, confidential service which offers support for young people in Leith and North East Edinburgh aged 12-21.

CLOSED Sat 21st Dec – 6th Jan. **Walk In Service available Monday 30th Dec 4pm – 7pm**

Tel: 0131 553 0570 **Email:** info@the-junction.org **Website:** www.the-junction.org

Well Baby Clinics –FOR REGISTERED PATIENTS ONLY

Mountcastle Health Centre- Monday 10 am –11am

Craigmillar Medical Group –Wednesday 9.30am -11am (no clinic 25th December, 1st January)

Leith Community Treatment Centre, Mondays 1.30-3.30pm

VOCAL Support for Carers Telephone support available for carers on 0131 622 6666.

(closed from 25th, 25th and 27th December and 1st and 2nd January 2020)

Parentline Scotland/ Parent Helpline – Children 1st/ Edinburgh Together

Free helpline, email and web-chat service offering advice and support for parents and carers Mon-Fri 9am- 9pm Sat and Sun 9am-12 pm. (24th Dec-2nd Jan 10am-1pm) Tel: 08000 28 22 33

<https://www.children1st.org.uk/help-for-families/parentline-scotland/>

Lone Parent Helpline-One Parent Families Scotland www.opfs.org.uk

Information and advice for single parents. Open Mon-Fri 9.30am-4.00pm Tel: 08088010323

Please check festive opening hours.

Social Care Direct- Children and Families Social Work

Request help or advice about a child or vulnerable adult requiring support due to illness, disability or at risk or harm. Tel: 0131 200 2324 Out of Hours 08007316969

Domestic Abuse Freephone 24 hr Helpline

Support for Women experiencing domestic abuse and their friends and family. Translation facilities available for callers whose first language is not English. Tel: 0808200247

Programmes Activities and Groups for Parent and Carers

For information on the support available for Parents and Carers in North East Edinburgh visit www.edinburgh.gov.uk/pacs or contact the Parent and Carer Support Development Officer, Lifelong Learning on 0131 469 3081, Mon-Fri 10am-3pm Closed 24-27th Dec and 1st and 2nd Jan.



If you would like to add activities to a future *What's On for Families in NE Edinburgh* list or if any information in this list is incorrect please email supportingparentsandcarers@edinburgh.gov.uk