

Weekly Update – 1<sup>st</sup> February

### **S2** Parents' Evening

Our S2 Parents' Evening is this Tuesday, 5th February, 4.30-7.00pm. Our online booking system will close on Monday, 4th February, at 12.30pm, you will be unable to book appointments after this time.

### Immunisations for Diphtheria, Tetanus and Polio and Meningococcal ACWY

All our S3 pupils and some S4/5/6 pupils have been issued with a form for consenting to the above immunisations, which are taking place on Tuesday 5<sup>th</sup> of February. If pupils have not returned their consent form they are able to self-consent. NHS Lothian employ a robust process for self-consenting school pupils. All the trained nurses are aware of both this process and the underpinning principles of Gillick competency and the law which supports it. NHS staff will fully support young adults to make informed choices about their own health and wellbeing. If you do not return the form and are not happy for your young person to self-consent you must contact the school.

### FTT - Quality Meat Scotland

In FTT, the S3 Hospitality classes had a visit from Daniela from Quality Meat Scotland this week as part of their Meat Matters unit. she chatted about all different aspects of meat Cookery, and she demonstrated how to make the delicious dish Pork Saltimbocca with Sautéed Garlic Kale, which the S3 pupils were great at helping her with this. The classes both agreed that the dish was delicious.











#### **HFT Classes**

Here are some photos of what HFT have been cooking- we've been working with different types of fats making carrot muffins and banana bread











#### **PE UPDATE**





U13s- Porty 3-9 Broughton. Goals today from Walker x2 & Shanley. A tough morning against a very good Broughton team!

Senior Football- Royal High 4-0 Porty, Man of the match; A Smith. Not an easy game today and beaten by the better side. All the best to Royal High for the rest of the season.

### Rugby (



Many thanks to Ross High School for the games this weekend. Competitive games at all ages with great skills and effort from both sides

## **Basketball**



Good luck to the following teams competing in quarterfinals to be play ed before the February break:

Open boys- QF Plate competition away to the winners of Merciston Castle v James Gillespie

S1 Boys- QF Cup competition at home to Wallace HS

U15 Girls- QF Cup competition at home to the winners of Culloden Academy v Denny HS

S1 Girls- QF Cup competition at home to St Andrews RC

### National 5 & Higher

Well done to our National 4, National 5 and Higher candidates who, this week, have completed their performance 1 worth 25% of their final grade. Some great performances from many of our pupils!

## **Giant Heptathlon**

Congratulations to the following S2 pupils who competed in the Giant heptathlon on Tuesday 29<sup>th</sup> January:

Morven Taylor Yendrick Nowak
Mathias Martin Max Evans
Rachel Fleming Nathan Koffi
Hari Bhandari Paul Serpamskas
Elin Jones Lily Graham
Rio Volpe Tagwa Babiker
Lily Middelton Esme Slifer

A very enjoyable day for all the schools and pupils involved and a great performance from our 2<sup>nd</sup> years. Well done folks!

# **Achievements**

If there are any other further achievements that the School is unaware of please contact us with information at <a href="mailto:admin@portobello.edin.sch.uk">admin@portobello.edin.sch.uk</a>.

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