

Parent and Carer Information and Support Sessions on

Young People's Emotional Wellbeing and
Mental Health Issues

An opportunity to meet other parents and
supportive professionals in a safe relaxed environment

*Caring for a young person with
emotional wellbeing or mental health
issues-*

*The impact on family relationships,
improving our own and our teenager's
wellbeing and available supports*

Wednesday 24th October 2018,

6.30-8.30pm

Leith Academy, 20 Academy Park,
Leith, EH6 8JL



Suitable for parents and carers of 11-18 year olds

For more information or to book a place on any of the sessions please contact
Jillian Hart, Parent and Carer Support Development Officer on 07860 736129 or email
jillian.hart@edinburgh.gov.uk

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